

## Solemnity of Corpus Christi

Deut 8:2-3, 14b-16a  
Ps 147:12-15, 19-20  
1 Cor 10:16-17  
John 6:51-58

### Monday June 19

2 Corinthians 6:1-10  
Ps 98:1-4  
Matthew 5:38-42

### Tuesday June 20

2 Corinthians 8:1-9  
Ps 146:2,5-9a  
Matthew 5:43-48

### Wednesday June 21

2 Corinthians 9:6-11  
Ps 112:1-4,9  
Matthew 6:1-6,16-18

### Thursday June 22

2 Corinthians 11:1-11  
Ps 111:1-4,7-8  
Matthew 6:7-15

### Friday June 23

#### Sacred Heart of Jesus

Deuteronomy 7:6-11  
Ps 103:1-4,6-8,10  
1 John 4:7-16  
Matthew 11:25-30

### Saturday June 24

#### St. John the Baptist

Isaiah 49:1-6  
Ps 139:1b-3,13-15  
Acts 13:22-26  
Luke 1:57-66,80

This Sunday we celebrate the Sacrament of the Eucharist and the reason why we believe it is truly and physically the presence of Jesus.

In the first reading, we're reminded that God always provides the food and drink we need for survival in the desert days of life's hardships.

What he did for the Israelites, he does for us whenever we experience hot trials and dry faith. He provides what we need by giving us the True Presence of Christ, who comes to us in the bread of Mass (the Eucharist), and in the presence of his Holy Spirit dwelling within us (Baptism and Confirmation), and in the priest whose ordination makes Jesus present to us in Confession.

The Gospel passage tells us that the Eucharistic food and drink are truly Jesus himself, not a mere symbol of his love. Oh-my oh-my, how we need this food and drink to survive the serpents and scorpions and the parched and waterless ground of our

desert experiences! Jesus literally fills us and quenches our thirsts. As we consume him, he consumes us. As we draw him into us, he draws us into himself. In this unity, we walk through our trials with all that we need for success.

The second reading tells us that the Eucharist increases our unity with Christ's body on earth, the church community through which he provides the vari-



ous resources that we need. In this unity (when it's activated as it should be) no one lacks anything good because all necessary goods are shared. And ultimately in this unity, as Jesus said in the Gospel, we're assured of eternal life in heaven, where all needs are met perfectly and completely.

### Reflect & Discuss:

1. What are the "serpents and scorpions" in your life right now?
2. In what ways do you feel parched, thirsty to the point of desperation?
3. During Mass, imagine that you're walking through a desert to receive from Jesus what you need. How does it feel to approach Jesus this way?
4. How has the Eucharist helped you through a difficult time? Why did it make a difference?
5. Some people kiss the Host before placing it in their mouths; what do you do that helps you become more aware of the presence of Christ in the Eucharist for all your needs?